



Foreword



Evidence-based corrections employ the best available research to guide practice and policy-making in correctional rehabilitation. Integrating insights from international studies and conducting localised research accomplish the Department's mission to foster desistance from crime, enhance crime prevention and uphold public safety.

“What Works: How Research Can Help in Offender Rehabilitation” remains the theme of this issue. We begin with valuable insights from Dr LEUNG Kin-ip Kenneth, our honorary advisor and former Deputy Commissioner (Rehabilitation and Management), who shared with us the pursuit of correctional excellence through research, staff expertise and perspectives of persons in custody (PICs) in the digital era. This issue then introduces technology-assisted psychological interventions which have shown promising preliminary outcomes. Furthermore, the launch of the Digital Well-Being Psycho-Education Programme has demonstrated the effectiveness in helping young PICs cultivate balanced use of social media, thereby fostering their psychological well-being. Additionally, a local study has supported the implementation of rehabilitative security in young offender institutions as evident from a trial run at the Sha Tsui Correctional Institution which underscored its potential in enhancing correctional practices.

I hope this research bulletin provides meaningful insights and fosters collaboration, knowledge sharing and professional exchanges across multiple disciplines within our Department, reinforcing our steadfast commitment to correctional excellence.

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